Gloucester Hockey Association

RULES

AND

REGULATIONS

AS APPROVED BY THE BOARD OF DIRECTORS
AT A SPECIAL MEETING HELD
MARCH 14 AND 21, 1996

Amendment #104 Feb.7th, 2026

2026 - 2027

AMENDMENTS

Amendment #	Date	Entered By	R & R Amended (A) Added (+) Deleted (-)
85	Nov.4/21	*Reg Mac Donald*	10.7,20.1,20.2,20.4 Appendix D
86	Dec.2/21	*Reg Mac Donald*	24.4c
87	Feb.5/22	*Reg Mac Donald*	2.4
88	Mar.8/22	*Reg Mac Donald*	21.7
89	Sept.30/22	*Reg Mac Donald*	Remove Covid rule 24.4 j
90	Nov.3rd/22	*Reg Mac Donald*	16.2,15.8,Appendix I Video Review Policy
91	Dec 8th/22	*Reg Mac Donald*	26.1,3,5,6
92	Apr.6th/23	*Reg Mac Donald*	21.c,d,e
93	May 4th/23	*Reg Mac Donald*	19.4.A.8
94	November 2nd//23	*Matt Dickie*	24.4Q
95	May 13th/24	*Matt Dickie*	A-21.1e,21.1f,21.1g
96	May 23rd/24	*Matt Dickie*	2.3,-2.4
97	June 20th/24	*Reg MacDonald*	9.1
98	Nov.7th/24	*Reg MacDonald*	21.1h
99	Dec.5th/24	*Reg MacDonald*	21.15,24.d,24.n, 21.8-21.14
100	Feb.8th/25	*Reg Mac Donald*	24.4,Allocation chart
101	Aug.14th25	*Julianne Oelke-Simonsen*	27.2
102	Nov.6th/25	*Julianne Oelke-Simonsen*	21.16,26.5
103	Dec.4th/25	*Julianne Oelke-Simonsen*	15.5
104	Feb.7th/26	*Julianne Oelke-Simonsen*	21.14,27.3
105	Oct.17th/26	*Reg Mac Donald*	19.3,22.1

DATES TO REMEMBER…

June 15th, 2026	Member Associations are to provide to the District Registrar and Ice Scheduler the Rep B Team Allocations for the upcoming season, along with the name of each of the Competitive Coaches.
July 7th 2026	GRMH and Rep B Areas are to submit to the Ice Scheduler the dates of all tournaments that each team has applied to.
August 1st 2026	By-law 9.7 Discipline Chair to provide Member Associations with list of carry-over suspensions.
Prior to Sept. 20th 2026	R&R#10.6 – An Association requesting a change to the GHA Team Allocation Chart must make a written request to the VP House League, for all divisions except U18
Sept. 15th 2026	Submission of U9,U11,U13,U15, teams to the VP House League
Sept.15th 2026	Submission of U18,U21 teams to the VP House League
Prior to 1st Game of the Season	R&R#11.7 – Member Associations will submit to the Corporation Registrar a complete list of Players and Team Officials for each team.
Oct. 3 rd 2026	Start of Season ,U9,U11U13,U15 House
Oct. 15th2026	Start of Season U18 House
Oct.21st2026	Start of Season U21House
October 15th 2026	R&R#14.3 – 50% of the Per Team GHA Operational Fees are due - for each team participating in House League, Competitive and/or Initiation.
November 15th	R&R#14.3 – Full balance of the Per Team GHA Operational Fees are due.
November 30th	R&R#10.8 – The Board of Directors reserve the right to make changes to teams for Member Associations to ensure balanced teams to the greatest extent possible.
January 10th 2027	Cutoff date for releases and additions of registered players to official team rosters
February 10th 2027	Hockey Canada Cut-off date for new registrations for the season.
Prior to March 1st2027	R&R#25.1 – The Board of Directors shall approve the playoff format.

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RULES AND REGULATIONS
OF THE
GLOUCESTER HOCKEY ASSOCIATION

PREAMBLE

These Rules and Regulations (hereinafter referred to as "R&R") are issued as per terms detailed inside the Corporation's By-law Number One and may add to, but not conflict with, that By-Law nor the By-Laws, Rules, Regulations, and/or Codes of Discipline of any governing bodies (Hockey Canada, Hockey Eastern Ontario (HEO), etc.).

In these Rules and Regulations, interpretations shall be the same as those already posted in the Corporation's Bylaw Number One, unless the context otherwise requires.

R&R 1 – AMENDMENTS TO RULES AND REGULATIONS

1.1 For R&R amendments requiring a two thirds majority vote, abstentions shall be counted within the total number of votes present and voting (having the same effect as a vote against) other than abstentions from positions which are not entitled, by Corporation Rule or By-Law, to vote on certain issues. For votes requiring only simple majority, this count of abstentions does not apply.

1.2 If at least seven days notice is not received for an amendment to a clause within the R&R at a Board of Directors meeting, any voting member of the Board of Directors may ask to have the motion deferred to the next Board of Directors meeting. This seven days notice is not required for Special or Emergency Meetings and such a request for deferral would require a majority vote of those in attendance.

1.3 For the Annual General Meeting, notice of proposed amendments to the Rules and Regulations must be given to the Vice-President Administration in writing at least fifteen (15) days prior to the meeting.

1.4 Any proposed amendments to the By-Law or R&R, which may only be submitted by or through a voting member of the Board of Directors, must include the original Article, the proposed Amendment and the reasoning associated with said amendment.

R&R 2 – APPOINTED MEMBERS OF THE BOARD OF DIRECTORS

2.1 The Board of Directors shall appoint a Recording Secretary, in a non-voting board position, with duties as described herein.

2.2 The Board of Directors shall appoint both (i) the District 9 Referee-in-Chief in a non-voting board position, with duties as described herein; and (ii) the RIC Alternate; who shall have all the same duties as the RIC, in his absence.

R&R 3 – RECORDING SECRETARY

3.1 The Recording Secretary, who is to report to the Vice-President Administration, shall be responsible for the recording, publishing, and distribution of agendas and minutes for all Board of Director meetings. The Recording Secretary shall be paid in accordance with a fee schedule approved by the Board of Directors.

R&R 4 - REFEREE-IN-CHIEF & ASSIGNOR OF REFEREES AND LINESMEN

4.1 The Referee-in-Chief (RIC) shall be responsible for administering all on-ice officiating activities in District 9, as well as any other areas authorized by the Board of Directors. He shall ensure that all on-ice Officials are properly registered, certified, supervised, and evaluated; in keeping with the intent of the Hockey Canada Officiating Program (HCOP), Hockey Canada's Official Playing Rules, the HEO Code of Discipline and the R&R of the Corporation.

4.2 The Referee-in-Chief or their Alternate shall:

a. Appoint Supervisors to carry out the supervisions of on-ice Officials, which are required by HEO, and ensure compliance by the Corporation with regards to current HEO policies for Supervisions. Assessment records shall be maintained for a minimum period of 3 years and copies are to be made available to the Corporation Executive upon request.

b. Submit to the Assignor of Referees and Linesmen, the Corporation President and the HEO Referee-in-Chief; a list of all qualified on-ice Officials, indicating their appropriate levels of certification.

c. Attend all Corporation regular and annual meetings, as well as any committee meetings as requested by the District Chair.

d. Attend Corporation Discipline Hearings and Appeal hearings, as requested by the District Chair or the Discipline Chair.

e. Investigate all discipline matters involving Referees and/or Linesmen, with full authority to discipline or dismiss any Referee or Linesman deemed incompetent.

f. Ensure that Referees submit, within 48 hours, clear and fully complete game sheets and game incident reports for all games resulting in suspensions.

g. Be responsible for the dress, disposition and conduct of all officials under his jurisdiction.

h. Be available, and not on the ice, for all Corporation tournament and play-off games.

4.3 Complaints which are submitted from the President or Chair of a Member Association on the District 9 Referee Compliment and Complaint Form (Appendix A), regarding the on-ice officiating of a game, shall be investigated by the RIC. All such complaints shall be answered within fourteen (14) days of receipt.

4.4 The Assignor of Referees and Linesmen, as appointed by the RIC, shall be responsible for assigning on-ice Officials for all games played in District 9, using the list of qualified Officials provided by the RIC, except for games played by Competitive/Representative Leagues using centrally assigned Officials.

4.5 The required number of Officials is as dictated by the HEO and/or the Competitive/Representative leagues.

NOTE: Games are to be played if there is one less Official in attendance than is normally required for the level. The Coach of the Home Team is responsible to advise the relevant Vice-President (House or Competitive) immediately after the game, any time there is one or more Officials missing for a game.

4.6 The RIC, Referees, Linesmen, Supervisors and Assignor of Referees and Linesmen shall all be paid in accordance with a fee schedule approved by the HEO. The invoice from the D9RA shall detail the information for games worked, including Date, Time, Level, Arena and GHA Game Number.

4.7 The RIC shall provide at the GHA monthly meetings a copy of all officials that have been fined and/or suspended the previous month, under the D9RA Bylaw 13 – Discipline.

R&R 5 – ICE SCHEDULER

5.1 The Corporation will have a contract position for Ice Scheduler, who is to report to the Vice-President Administration. The Ice Scheduler shall be paid in accordance with a fee schedule approved by the Board of Directors.

5.2 The Ice Scheduler will be selected by two-thirds majority vote of the Board of Directors, at the February Board of Directors meeting of each season.

5.3 The Ice Scheduler may NOT be Team Official at any division of hockey, inside or outside District 9.

5.4 The Ice Scheduler shall:
a. Negotiate on behalf of the Corporation with the City of Ottawa ice requirements for the corporation members except Russell. Sign on behalf of the Corporation all ice contracts with the City of Ottawa. Organize ice to be returned by members to the City of Ottawa as per policies of the ice contracts.

b Negotiate on behalf of the Corporation private ice contracts where applicable for Corporation members. Sign on behalf of the Corporation all private ice contracts.

c. Schedule game ice as required (including pre-season, regular season and playoffs), as well as advise the Assignor of Referees and Linesmen as appropriate, for all;

- Representative B teams,
- Corporation House League Teams, and
- Member Association IP Programs.

d. Verify and balance the invoices going out to Member Associations for ice and referees, as well as the invoices coming in from the Referees Association.

e. Maintain the distribution of 'excess ice', through individual contracts with Member Associations allowing ice protection for tournaments, referee clinics, coaching clinics, development clinics, special events, etc.

R&R 6– CONVENORS

6.1 Each Member Association must assign at least one GHA Convenor, who will be available to assist teams with game reschedules and switches as well as assist in the evaluating of team/players when requested.

6.2 Member Associations must assign Division Conveners, who will attend games in their division and will ensure that the aims of the Corporation are being met

RR 7– MEMBER ASSOCIATIONS POWERS AND DUTIES

7.1 The Member Associations of the Corporation shall have full autonomy**,** within the terms provided for in the Corporation By-laws and the Rules and Regulations**,** to function as local Minor Hockey Associations.

7.2 The Member Associations shall write a Constitution and/or By-laws governing their local structure, elections and operations. The Member Association Constitution, By-laws and Rules and Regulations shall NOT conflict with the Corporation By-laws and Rules and Regulations which shall prevail. Current copies of the Member Association Constitution, By-laws and Rules and Regulations must be posted for viewing on the Member Association's website.

7.3 The Member Associations will maintain financial independence and have authority to fund their operations as they see fit.

7.4 The Member Associations will be responsible for the local administration of their respective hockey teams which includes registration of Players, provision of Coaches and Managers and solution of local problems.

7.5 The Member Associations Teams shall participate in the Corporation's House League, with the exception of IP or Competitive/Representative.

7.6 Member Associations shall be expected to extend full co-operation in providing players to the highest Competitive/Representative teams available.

7.7 Registration fees for players selected to Competitive/Representative Teams shall be transferred from the Player's Home Association to the relevant hosting body within 14 days of notification.

7.8 Member Associations may form, or combine with other Member Associations to form, Competitive/Representative teams.

7.9 Member Associations shall provide two sets of sweaters to each of their House League teams, white for home games and an alternate colour for away games.

R&R 8– MEMBER ASSOCIATION BOUNDARY LINES

8.1 The boundary lines for each Member Associations in District 9, as well as any outside Associations participating in the Corporation's House League, are as authorized by the HEO.

8.2 The boundary lines for Gloucester Rangers Minor Hockey Association shall be the combination of all Member Association boundaries included within District 9.

8.3 The boundary lines for any AAA zones that the Member Associations may be assigned to shall be as determined by the HEO.

R&R 9 – ICE ALLOCATION WITHIN DISTRICT 9

9.1 The Corporation will enter into ice contracts with the City of Ottawa for Game, Initiation, Special Event and Practice ice required for each of the Member Associations and registrants, located inside city boundaries, and AAA Associations which D9 players populate to.

9.2 The Corporation will enter into ice contracts with Private Facilities for Practice ice and playoff game ice booked for the Member Associations/ AAA (referred herein as the GHA Groups) who have duly signed Rental Contracts with the GHA, related to said contracts, prior to the GHA signing with the Private facilities. The GHA Groups shall be bound for the term of the specified contract to all obligations incurred under the Agreements. Note: all references to residency in 9.1 to 9.10 do not apply to contracts with Private Facilities

9.3 By April 1st of the current playing season the Vice President Administration shall collect from each of the Member Association ice representatives their requirements for ice for the following season including Pre Season, Practice, Initiation and Special Event requirements.

9.4 By April 1st of the current playing season the District Registrar will provide to the Vice President Administration the final registration numbers by age, sex and level of hockey played in the current season and expectation for registration in the following season.

9.5 The Vice President Administration is responsible to ensure the submission to the City of Ottawa for the request of ice for tryouts, regular season and post season by the due date as specified by the City of Ottawa.

9.6 The Vice President Administration is responsible to ensure the submission to the City of Ottawa separate requests of ice for each Member Association and/or Corporation tournaments to be held within the City of Ottawa.

9.7 Game and Initiation ice, for all Member Association teams, shall take priority before practice ice is allocated.

9.8 Initiation ice shall be allocated based on 22 hours between October 1 and the March break for up to 30 skaters registered within an association and residing inside city of Ottawa boundaries.

9.9 Practice ice is based on a 25 week season from October 1 to March 31st (Special Events and Christmas break taken into consideration). Pre-Season and Core Practice Hours shall be distributed to the area associations in July of the current playing season based on percentages of Registration residing inside city of Ottawa boundaries in the prior season. Additional Practice ice shall be allocated on an equitable basis based on Registration as provided by the Associations in September of the current playing season. City of Ottawa ice may be traded between Associations within the City boundaries but may not be sold.

9.10 Member Associations may trade practice hours within District 9, excluding Russell Minor Hockey Association, and may not sell or trade ice outside of the Corporation, including Russell Minor Hockey Association.

9.11 Practice Ice for the Gloucester Rangers Minor Hockey Association shall be allocated based on 2.5 hours per team per week over 25 weeks (taking into consideration Special events and holidays within the season)) based on players residing inside city of Ottawa boundaries from September 1 to March 31 for A and AA teams.

9.12 As a general policy, each Member Association will sponsor one tournament per year, on corporation supplied ice, with participation limited to one House League division, and all levels of that division included.

R&R 10 – COMPOSITION OF HOCKEY IN THE CORPORATION

10.1 The Corporation, through its affiliation to HEO, is the body responsible to govern and administer minor hockey, through their Member Associations, for the area designated as District 9.

10.2 The objectives of all Competitive Programs operating within the Corporation are to be monitored by the GHA Competitive Program Oversight Committee (CPOC) as per the CPOC Terms of Reference and CPOC Strategic Direction documents posted on the Corporation Website.

10.3 The Corporation will make every opportunity available for players to play at all divisions of "AAA" available through HEO. Member associations are expected to extend full co-operation in providing players to these Competitive/Representative teams**.**

10.4 The Gloucester Rangers Minor Hockey Association shall be the official body responsible for structuring and operating district wide Competitive/Representative teams for all "AA" and "A" divisions available through HEO . Member Associations are expected to extend full co-operation in providing players to these Competitive/Representative teams**.**

10.5 The Member Associations may establish Competitive/Representative teams in other categories, e.g. Competitive/Representative "B" except at U9 level, if such leagues are recognized through HEO. The Corporation By-law and R&R shall all remain applicable.

10.6 The Corporation House League may offer to form teams in up to three levels ("A", "B" and "C") for each Division. The GHA Team Allocation Chart (Appendix B) details the breakdown of minimum teams per category, based on the total number of teams in each division for each Association*. Any Association* requesting a change to the GHA Team Allocation Chart must make a written request to the VP House League prior to the cut-off date as is established at the June Board of Directors meeting every year.

Note: Associations who combine to form House League team(s), will share to combine as one large Association for that particular Division, in terms of Team Allocation requirements.

10.7 Member Associations with teams at multiple levels within a Corporation House League division/category (e.g. "A", "B", and "C") may have no more than one player more on the lower category team(s) as the higher category team(s) in that division. (i.e. 57 players in U11=13-A + 14-B1 + 15-B2 + 15C). The Association may choose to place more players on the higher category team if deemed in the best interest of the players. No adjustments to teams will be necessary for new registrants after Nov 15.

10.8 Member Associations with multiple teams in one division/category, with the exception of U21, are responsible to ensure balanced teams to the greatest extent possible. The Board of Directors reserve the right, up to November 30th of each playing season, to make changes to teams for the Member Associations.

10.9 Players selected to any Competitive/Representative team, and placed on the Official Team Roster, cannot withdraw and return to a lower level unless the move is agreed to by the Player, Parents, both Coaches, and both Associations affected. Should all parties be unable to reach agreement, the matter will be decided by the Corporation VP Competitive.

10.10 Each Member Association, with the exception of Gloucester Rangers Minor Hockey Association, shall establish an U7 which complies with the HEO Policy Governing IP Sessions and Games.

R&R 11– REGISTRATION OF PLAYERS/TEAM OFFICIALS/TEAMS

11.1 Member Associations shall only register into the Hockey Canada Registry; approved Players within their Association's HEO approved boundaries.

112 Players must be registered with their Home Association prior to participating in any form of team evaluations – Competitive/Representative or House League.

11.3 Players are assigned to play at a division of hockey based on their age as of December 31st, as outlined by Hockey Canada.

11.4 Proof of age for all Players shall be their birth certificate, baptismal certificate or legal affidavit.

11.5 Any player failing to pay the Member Association fees in full will not be permitted to register with any other Member Association within the Corporation until all such outstanding charges are paid in full.

11.6 The Registrar shall ensure that each Player and Team Official is registered as required for his division and/or category/level of hockey.

11.7 Member Associations will submit to the Corporation Registrar, prior to each team's 1st official game of the season, a complete list of Players and Team Officials.

11.8 All teams formed must have a minimum of 14 players not including a Goalie before another team may be added at the same level, except for U9 where the minimum number of players shall be 8 not including a Goalie.

R&R 12 – RESIDENCE RULES

12.1 All player registrations must be completed as per HEO Residence Rules and Regulations.

R&R 13 – MOVEMENT OR TRANSFER OF PLAYERS

13.1 Players selected to any Corporation House League team and placed on the official team roster, cannot be moved down to a lower level unless approved by the VP House League.

13.2 Where special situation warrants, player transfers shall be permitted from one Member Association to another, subject to release or waiver by both Member Associations and the Corporation President. Such transfers are only valid for one season at a time and are, without exception, only for Players transferring within District 9.

13.3 Whenever a Player is being transferred to another Association, any registration fee already paid to the home Association shall be transferred within 14 days to the Association where he will be playing. If additional monies are required, the Player is responsible for paying the balance owing. When a player is transferred to another Member Association there is no transfer or selling of ice time involved.

13.4 No Junior player of the current season can displace a player on a corporate team.

R&R 14– GHA REGISTRATION FEES

14.1 GHA Team Registration fees shall be as per the annual budget approved by the Board of Directors.

14.2 GHA Team Administrative Fees shall be payable by the Member Associations to the Treasurer of the Corporation with submission of the team entry. Teams shall not be assigned game ice until receipt of this fee.

14.3 Fifty percent (50%) of the Per Team GHA Operational Fees are due - for each team participating in House League, Competitive and/or Initiation - by October 15th of each season. The full balance of the Per Team Operational Fees is due by November 15th of each season.

14.4 Member Associations not in compliance with regards to team fee payments, as per the dates posted above, shall be assessed a non-refundable fine of ½ percent per week on the outstanding balance.

14.5 Team Fees assessed by Competitive/Representative leagues are to be paid directly from Member Associations to those Leagues.

14.6 Hockey Canada Insurance Fees are to be paid directly from Member Associations to HEO.

14.7 GHA team registration fees, or any portion thereof, may be refunded only at the discretion of the Board of Directors.

14.8 Organizations, Associations or Clubs shall not be permitted to enter Teams in the Corporation programs where charges from a previous year are still outstanding, until all such outstanding charges are paid in full.

R&R 15 – APPEALS AND COMPLAINTS

15.1 The Corporation President is responsible to review and assess all GHA Appeals and Complaints, convening hearings as needed.

15.2 Appeals /Complaints must be submitted in writing to the Corporation President, within 72 hours of the game, discipline hearing or complaint decision being appealed, along with a cheque payable to the Gloucester Hockey Association for $150.00 per appeal. Appeals/Complaints which are successfully upheld will be refunded 50% of this fee.

15.3 Grounds for Appeal/Complaints would include:

1. New evidence not used in the original hearing/decision which may have an effect on the decision.
2. Irregularities in the proceedings of the original hearing that may have caused an unjust hearing.
3. Grounds that the decision of the original hearing was too harsh or too lenient or reached in an unjust manner.

15.4 Disclosure and delivery of the written appeal/complaint and all evidence received by the GHA will be forwarded to the defending party (ie) 72 hours prior to a GHA hearing taking place

15.5 Attendance is at the discretion of the Chair, but would normally include;

1. Appellant(s) or Offender(s) – ATTENDANCE IS MANDATORY;
2. 3 to 5 Member Appeal Panel, comprised of Voting Members of the Board of Directors, Independent District Chairs or voting members of non D9 board members with no conflict of interest on the matter;
3. Team Officials or On-ice Officials as warranted;
4. Witnesses, as approved by the Chair beforehand;
5. Member Association representative, and
6. Parent or Guardian where a minor is involved.

15.6 Hearings will generally proceed as follows:

1. Each side will be permitted to have someone present who can offer evidence or support.
2. All comments, questions and responses will be addressed through the Chair.
3. Each person scheduled to appear will be allowed to state his case without interruption.
4. No hearsay evidence will be allowed. Written and signed statements by persons who are not able to attend may be accepted at the discretion of the Chair.
5. If a prepared statement is read, the original copy is to be submitted to the Chair after being presented.
6. A short rebuttal is allowed each person after all the witnesses have made their initial statements.
7. Only Committee members may ask clarifying or supplementary questions at the conclusion of a person's statement.
8. At the conclusion of all statements and questions, all those who are not members of the hearing Committee shall be excused and the Committee members will deliberate and make their decisions.

15.7 The Corporation President or designate will notify the appellant/complainant, the respondent and the appropriate Member Association's President(s) of the decision within 24 hours.

15.8 Complaints forwarded directly to the Corporation President without a Member Association involvement or resolution will be forwarded to the applicable President to render a decision first before a GHA complaint hearing would be convened.

15.9 The GHA will only accept requests for appeals from an appellant or complainant who is a District 9 member in good standing if the number of games suspension is three (3) games or more.

R&R 16 – DISCIPLINE HEARINGS

16.1 Based upon review of game incident reports as mandated by the HEO Code of Discipline, or at the instruction of the Corporation President, Discipline Hearings shall be convened by the Discipline Chair in a timely manner.

16.2 Discipline Hearings will be heard by the Discipline Chair and a 3 or 5 Member panel, comprised of voting members of the Board of Directors or delegate that must be an association Vice-President or Association Discipline representative with no conflict of interest on the matter. There must be at least one voting member of the GHA Board of Directors on the panel. Only one member per Association may be represented on a hearing panel.

16.3 At the discretion of the Discipline Chair, the Player and/or Team Official (whose attendance is mandatory- as determined by the Discipline Chair) may invite one Parent, Team Officials, and/or directors from their home Association as appropriate.

16.4 Hearings will generally proceed as follows:

1. All comments, questions and responses will be addressed through the Chair.
2. The Chair will introduce the Panel Members, and will describe the events that lead up to this hearing.
3. The Player or Team Official will be allowed to state his case without interruption.
4. Parents, Teams Officials, and others in attendance will be allowed to make substantiated statements. No hearsay evidence will be allowed.
5. Panel members may ask clarifying or supplementary questions at the conclusion of a person's statement.

16.5 At the conclusion of all statements and questions, all those who are not members of the Discipline Panel shall be excused and the Panel members will deliberate until reaching a decision to either (i) uphold the minimum suspension as described in the HEO Code of Discipline, or (ii) increase the suspension. The Chair of the meeting has no vote on these panels.

16.6 The Discipline Chair will notify the Player or Team Official and the appropriate Member Association's Discipline Chair and President of the decision within 24 hours.

16.7 The District Chair shall perform the duties of the Discipline Chair in the latter's absence or at his request.

R&R 17 – HEAD COACHES

17.1 A maximum of five (5) and minimum of two (2) team officials, each qualified in accordance with HEO and/or Hockey Canada requirements specific to their position, must be present on the bench at all games.

17.2 The Head Coach of the Home Team is responsible for reporting within 24 hours, to the relevant VP of the Corporation (Competitive or House League), whenever an On-ice Official is missing or late for a game.

17.3 Head Coaches are responsible for reporting and uploading game sheets which include suspendable offences inclusive of major penalties and misconducts (ten minute, game, match, gross etc.) for Players and Team Officials, inclusive of those received in Tournaments and Exhibition games, within 24 hours to both the GHA Game Results (House League) and the Discipline Data Base on the GHA website. Head Coaches are subsequently responsible to upload game sheet(s) within 48hrs of the Player(s) or Game Official(s) having served the aforementioned suspendable offence to the GHA Discipline Data Base. Uploading of game sheets when attending out of town tournaments, shall be within 24 hours of returning to Ottawa. Failure to comply will result in:

(i) first offense-warning to the coach
(ii) subsequent offense(s)-one game suspension to the coach

17.4 Head Coaches are responsible for reporting Coach-imposed suspensions within 24 hours, through the GHA website. NOTE: Coaches may only exercise a Coach-imposed suspension to any Player for a maximum of one game per season.

17.5 Head Coaches are responsible to follow, confirm with their Association Discipline Chair, and communicate with the Player and the Parents, as to the required time and/or game suspension(s) posted in the HEO Code of Discipline.

17.6 Head Coaches are responsible to ensure that the suspensions are reported properly on the following official game sheets (e.g. John Doe Suspension 1 of 2) and that these game sheets are then uploaded through the GHA website.

17.7 Head coaches are responsible for the actions of their team, with respect to any damages or breach of rules/policies set by the facilities that are being used at any game or practice.

R&R 18 – PLAYING RULES

18.1 In all divisions and categories/levels of teams throughout the Corporation House League, each player shall play a regular shift throughout each game. Coaching strategies may not include Players sitting on the bench and not being given a chance to develop. Coaches may not use speciality teams. Goalies must either share games, ½ and ½ or rotate game on, game off throughout the season. Players are to share fair opportunities of double rotation when uneven line combinations of forwards or defence exist.
I.E. 8 or 7 forwards or 5 defence

18.2 In all divisions and categories/levels of Competitive/Representative hockey, with the exception of AAA Teams, a Fair Ice Time (FIT) Policy will apply. Specialty teams at all levels below U12 will not be permitted. This practice at higher age levels will be as per the FIT policy.
(See Appendix G)

18.3 Coaches found NOT observing any of the points of R&R 18.1 and 18.2 above during the regular season shall be subject to a minimum of:

- 1st offence: One meaningful game
- 2nd offence: Three meaningful games & 1 week suspension;
- Subsequent offences: Suspension until a Discipline Hearing is held

b. Coaches found NOT observing any of the points of R&R 18.1 and 18.2 above during the playoffs shall be suspended from all hockey activities until a GHA disciplinary hearing. Violators may be removed during the game by a member of the GHA Executive.

18.4 No Team within the Corporation may play a game or practice with a school, church or other team unless those are within a league which is sanctioned by a branch of Hockey Canada or USA Hockey

18.5 No Team within the Corporation may play a game or practice with the Players vs. Parents.

18.6 Players on the ice surface, as well as any on-ice volunteers aged 15 years or younger, must at all times wear the full list of safety equipment required by HEO While on-ice officials will be monitoring this through games, it is the responsibility of the Head Coach during practices and/or clinics.

18.7 Certified Officials and Official game sheets are to be used for all league, exhibition and tournament games.

18.8 Only Team Officials, as listed on the Official Team Roster of an applicable Member Association Team, or qualified members of a Member Association's /Corporation's Executive may stand or enter behind the bench area at any game.

18.9 If a team is absent for a game, they will be responsible for replacing the ice and paying the officials for the make-up game. The team that is present may use the ice for a practice

R&R 19 – PARTICIPATION IN TOURNAMENTS AND EXHIBITIONS GAMES

19.1 Teams may only play tournament or exhibition games against sanctioned teams.

19.2 Games of Players vs. Parents or House League vs. Competitive/Representative are forbidden.

19.3 Teams may play tournament or exhibition games outside of HEO boundaries, which would specifically include any games in Quebec or the U.S., only after acquiring an approved travel permit beforehand. Pathway level teams (U9-U15 inclusive) are required to have a travel permit for all tournaments, exhibition games whether inside or outside of HEO Boundaries.

19.4 (a) those associations responsible for tournaments sanctioned by the Corporation are as follows:

1. Rangers - Competitive Tournaments (AA and A)
2. The Corporation - B Representative and AAA Competitive
3. Blackburn - U13 House A 2nd Week of January
   - U13 House B 3rd Week of January
   - U13 House C 4th Week of January
4. Gloucester Centre -U15 House A and B 2nd Week of January
5. Leitrim - U9 House A, B and C 2nd Week of January
6. Metcalfe - U18 House A 1st Week of February
   - U18 House B 3rd Week of February
7. Orleans - U11 House A, B and C 2nd Week of December
8. Russell - U11 House A, B and C 2nd Week of January

Tournament dates or additions must not be changed without approval of the Board of Directors. Any additional tournaments may not be approved if they conflict with any of the above mentioned dates.

Traditional tournament dates must not be changed without approval of the Board of Directors.

(b) Member Associations are allowed to host tournaments which will be sanctioned by the Corporation at any level on private ice (non Corporation supplied ice within District 9) as long as the tournament dates are not within two weeks (before or after) the traditional dates of Corporation assigned level Tournaments listed in 20.4(a).

19.5 For all sanctioned Corporation House League tournaments on Corporation supplied ice, a minimum of 50% of the spaces must be set aside for Corporation teams. Tournament registration cut-off dates must be posted on the hosting association's website.

R&R 20 – AFFILIATIONS

20.1 In all instances where a player will be affiliating from a team in to another team, the Specially Affiliated Player Permission Form must be completed prior to the player's name appearing on the affiliating team's official roster.

20.2 Players may only affiliate to a higher category/division team as outlined in the GHA Affiliation charts with the exception of the following two scenarios,

a. HEO "emergency goalie rule", which does allow a goalie to play for another team in their own category under very special circumstances. All requests to utilize this emergency goalie rule require permission from the relevant Corporation VP (Competitive or House League) or District Chair before the game is played; and
b. Where there is no Representative team between a House League A team and a Competitive a or AA team of the applicable age division, the House League A player may affiliate to the lowest available Competitive team. i.e. U18HLA can affiliate to U18AA.

20.3 Players assigned to a Competitive/Representative team may NOT affiliate to a lower category team, regardless of the age division. i.e. AA Players may NOT affiliate to an older aged A team, A may not affiliate to an older Rep B, and Rep B may not affiliate to an older aged House League team (Appendix C).

20.4 Players must be approved for affiliation by the District Registrar, prior to participating in a game. Players do not need to be affiliated to practice with a higher Division or Category team, provided they are duly rostered at the lower Division or Category.

20.5 Affiliated Players, used by a higher division or category team in a game, shall be designated on the official game report by the use of the "A/P" after their name.

20.6 Affiliation call-up procedures for all Competitive/Representative and House League players are:

a. All call-ups require the approval of the player and the player's parent(s). The Player is not to report if he would miss a meaningful game, as defined in the HEO Policy 6.59, with his substantive team except with his Coach's Permission.
b. All call-ups are to be entered into the GHA affiliation database, prior to the game being played.
c. A player of a team of a lower Division or category of the same club, or of an Affiliated team, or a specially affiliated player, may affiliate to a team or teams of higher Divisions and categories at any time, to a maximum of fifteen (15) games. However, if the player's registered team completes its regular season and playoffs before the player's affiliated team or teams, the player may thereafter affiliate an unlimited number of times
d. Exhibition and/or tournament games, which are not part of regular league games or playoffs, are excluded from the number of games referred to in 21.6c .

20.7 The purpose of Player affiliations is to ensure that teams have the opportunity to always dress the appropriate number of Players for each game. As such, affiliated Players for teams at the House League level may be used to affiliate up to a total of 15 skaters and two goalies.
U8, U9 Players may not affiliate to an U11 team on or before January 15th. After January 15th only U9 players may affiliate to an U11 team

R&R 21 – DISCIPLINE

21.1 As a minimum, all penalties shall be served in accordance with the HEO Code of Discipline and Hockey Canada Rules & Regulations, as well as;

a. Third misconducts (9.2A,B,C,D,E,G & 6.7F) or any combination of in a season shall be assed 1 game suspension,

b. Fourth and subsequent misconducts (9.2A,B,C,D,E,G & 6.7F) or any combination of in a season = 2 game suspension & Suspended until D&A Hearing,
c. Two or more Match Penalties or One Gross Misconduct in a season will be Suspended until D&A Hearing,
d. As it pertains to R&R 21.c, the GHA Executive reserves the right to exercise discretion in having a discipline hearing for the first occurrence of a Match Penalty or Gross Misconduct based on the severity of said Match Penalty or Gross Misconduct.
e. A first offense fighting major (7.10 (b)) during the regular season at the U21 level shall be suspended for three (3) games.
f. A second offense fighting major (7.10 (b)) during the regular season at the U21 level shall be suspended six (6) games or for the remainder of the season whichever is greater.
g. A second offense gross misconduct and/or a match penalty during the regular season at the U21 level shall be suspended for the remainder of the season.
h. A Game Incident Report (GIR) for removing player helmet/goalie helmet mask prior to exiting the ice surface shall be assessed the following disciplinary actions;
    - First Offense will result in a written warning
    - Second Offense will result in a one (1) game suspension
    - Third Offense will result in a two(2) game suspension and will be suspended from all hockey activities until his/her GHA District Discipline hearing

21.2 Teams playing in tournaments or exhibitions outside of HEO boundaries shall abide by the Code of Discipline which is set by the tournament or the host Association.

21.3 Coaches are responsible for reporting (through TTM)within 24 hours, all occasions of a player being sat for one or more regular shift rotations, explaining why the coach determines such a breach of fair ice time to be warranted.

21.4 Coaches are empowered to exercise a Coach-imposed suspension to any Player on their team, for a maximum of one game per season, for specific incidents or misconduct that the Coach determines to be an infraction to the Code of Conduct/ Team Rules; such Code of Conduct/Team Rules being compliant with all the rules of Governing Bodies.

21.5 Member associations, teams, team officials, officiating officials, players, parents, guardians or members of the Board of Directors are all responsible to adhere to the GHA Social Media Policy.

21.6 Any D9 official who is a player or a volunteer on an official team roster who receives a penalty under Hockey Canada Rules 9.2 and/or 9.6 will not be able to act as an official until the duration of his/her suspension, either time or game, is served.

21.7 Definition of suspended from all Hockey Operations includes, but not limited to, the following:
- Attending games/practices/training from inside the playing/viewing area{including stands)
- Entering dressing rooms and hallways
- Attending dry land training, fundraising, team meals, other team activities
- Any form of communication with the team

For board members or other minor hockey volunteers, all of the above apply, but in addition, all Activities related to their board/volunteer positions

21.8 Head Coaches are responsible for reporting and uploading game sheets which include suspendable offences inclusive of major penalties and misconducts (ten minute, game, match, gross etc.) for Players and Team Officials, inclusive of those received in Tournaments and Exhibition games, within 24 hours to both the GHA Game Results (House League) and the Discipline Data Base on the GHA website. Head Coaches are subsequently responsible to upload game sheet(s) within

48hrs of the Player(s) or Game Official(s) having served the aforementioned suspendable offence to the GHA Discipline Data Base. Uploading of game sheets when attending out of town tournaments, shall be within 24 hours of returning to Ottawa. Failure to comply will result in:

(i) first offense-warning to the coach
(ii) Subsequent offense(s)-one game suspension to the coach

21.9 **(**fair Ice)

a. Coaches found NOT observing any of the points of R&R 18.1 and 18.2 during the regular season shall be subject to a minimum of:

1st offence: One meaningful game
2nd offence: Three meaningful games & 1 week suspension;
Subsequent offences: Suspension until a Discipline Hearing is held

b. Coaches found NOT observing any of the points of R&R 18.1 and 18.2 during the playoffs shall be suspended from all hockey activities until a GHA disciplinary hearing. Violators may be removed during the game by a member of the GHA Executive

21.10 Applicable to U13 and above House League divisions, any player who receives 3 minor penalties in a regular season or playoff game will receive an automatic game ejection. A double minor penalty counts as one infraction for the purpose of this rule.

21.11 The Head Coach of any team that fails to report to a regular season league game shall be, at a minimum, suspended 1 meaningful game and suspended until a District Disciplinary Hearing and the offending team shall provide ice and referees for an exhibition game between the two original teams.

21.12 The Head Coach of any team that fails to report to a playoff game shall be, as a minimum, suspended for the remainder of the playoffs and all of the following season.

21.13 In any game where minor penalties are being recorded, any player incurring a total of three (3) or more stick infraction penalties (high sticking, cross-checking, slashing, spearing, and butt ending) during the same game shall be ejected from the game. This rule applies for all levels competitive and House league.

21.14 No team official, player, parent, spectator or employee of any club may enter into any acrimonious discussion with any referee during or after a game or enter the referee's dressing room. No person, except the President of the GHA,D9RA RIC or their designate, shall be allowed to enter the officials' dressing room on the day of the game. For any infraction of this rule, the matter shall be reported by the referee to the Corporation President for further action. Anyone violating this rule shall be suspended until district discipline hearing

21.15 Violation of the GHA social media policy (Appendix H) shall be suspended from all hockey activities until a GHA District discipline hearing.

21.16 ***The Rule of Two:***

HEO and the GHA requires all Coaches/Bench staff and member Minor Hockey Associations (MHAs) to provide supervision for all Minor Hockey dressing rooms before, during and after all games and practices. HEO and the GHA requires that Minor players should be always supervised, HEO requires MHAs and their coaches to follow the ''Rule of Two" method of supervision. **A lone personnel member**

should never be in the dressing room with players at any time: **two adults should always be present together with line of sight. This is called the "Rule of Two" method of supervision**. Supervising personnel must be members of the team staff or adults who have completed either "Speak Out" or the "Respect in Sport" for activity Leader, the Gender Identity and Expression Course, and have submitted their yearly declaration to HEO [VSC &/or CRC]. Parents of all players should be made aware of the "Rule of Two" method and avoid letting their children into unsupervised dressing rooms.

Violation of this rule will result in the immediate suspension of the Head Coach until She/he attends her/his District discipline hearing.

R&R 22 – TRAVEL PERMITS

22.1 Head Coaches are responsible to ensure that they have an approved Travel Permit, as per HEO Regulations, before playing any game outside of the HEO boundaries. Pathway level teams (U9-U15 inclusive) are required to have a travel permit for all tournaments, exhibition games whether inside or outside of HEO Boundaries

22.2 The Head Coach must upload a copy of all Tournaments/Exhibition game sheets within 24 hours upon return from the tournament or exhibition game to the GHA TTM database. (Coaches shall also upload the necessary game sheets to the GHA Discipline database in the accordance with Rule 18.3)

R&R 23 – INSURANCE

23.1 All Member Associations shall participate with the Hockey Canada Insurance Program offered through HEO. Member Associations are responsible for investigating limits within this insurance program and may, on their own, decide to procure more insurance to cover equipment or other assets as they deem necessary.

23.2 Member Associations and the Corporation are responsible to apply to the HEO for a "**Special Event - Certificate of Insurance**" prior to each and every occasion that a Non-Roster Instructor, other than HEO Instructors, will be going on the ice with a Corporation team. For the purpose of clarity within this rule, a Non-Roster Instructor refers to anyone NOT already on:

a) A Team Roster within the Corporation;
b) A qualified member of the Corporation's Executive; or
c) A qualified member of a Member Association's Executive.

R&R 24 – CORPORATION HOUSE LEAGUE RULES

24.1 All teams participating in the Corporation's House League are subject to the rules included within these R&R, Hockey Canada's Official Playing Rules and the HEO Code of Discipline. Team officials who do not adhere to these conditions face disciplinary action. All reports for disciplinary actions held for house league must be submitted to the District 9 Chairperson within 24 hours. The District 9 Chairperson has final say for all disciplinary actions for teams participating in the GHA House League.

24.2 Any league or playoff games played by a team using one (1) or more ineligible players will be declared forfeited, regardless of the circumstances. The non-offending team shall be declared the winner and the score shall be recorded as per the Official Game Report if the non-offending team

was in the lead at the time of the infraction or as 5-0 if the non-offending team was not in the lead. The players on both teams shall be credited with all personal statistics earned up to the time the forfeit was declared.

24.3 All league games in the Corporation's House League, as well as all games in tournaments hosted by Member Associations, will be played with rules for **NO DELIBERATE BODY CHECKING.**

24.4 Corporation House League Game Rules shall include all of the above, as well as:

a. Number of games;
   i. U9, U11, and U13: 20 regular season games. U9 14 half ice before Jan.15th,6 full ice after Jan.15th.

   ii. U15: 24 regular season games.

   iii. U18: 30 regular season games.

   iv. U21: 20 regular season, with no games from December 15th until January 1st.

b. All games shall be played in stop-time periods as follows:
   i. U9: two 23 minute run-time periods
   ii. U11 to U18: 1st & 2nd periods: 10 minutes each, 3rd period: 12 minutes.
   iii. U21: 1st & 2nd periods: 15 minutes each, 3rd period: 18 minutes.

c. Penalties shall be served in accordance with Hockey Canada's Official Playing Rules and/or the Code of Discipline of the HEO.

d. In any game where minor penalties are being recorded, any player incurring a total of three (3) or more stick infraction penalties (high sticking, cross-checking, slashing, spearing, and butt-ending) during the same game shall be ejected from the game. This rule applies for all levels competitive and House League.

e. Applicable to U13 and above House League divisions, any player who receives 3 minor penalties in a regular season or playoff game will receive an automatic game ejection. A double minor penalty counts as one infraction for the purpose of this rule.

f. If a team causes a delay in the start of a game, the game clock will be started and the team will be awarded a delay-of-game penalty. The referee will be responsible for the start of all games.

g. Games will curfew (must end) at the scheduled time, i.e. scheduled start time plus 50 minutes, U9 to U18, or scheduled start time plus 80 minutes for U21. Games that curfew will be considered complete if more than half the running time is played (past 25 minutes/ 40 minutes).

h. The clock located in the rink area will be used for calculating start and curfew times. The game clock located in the time box will be used for game time, periods and penalties. The timekeeper will ensure, that the buzzer to end the game is sounded as soon as the correct stop time (game clock) for the third period has expired or immediately when the running time limit for the game has elapsed.

i. U21 teams are responsible to supply for each game:
(i)HOME: Pucks and a game sheet which have been properly completed and signed prior to the start of the game.

j. Teams at all other levels (U9 through U18) are responsible to supply for each game:

(i) HOME :
1. Pucks;
2. A timekeeper, being 16 years or older; and
3. A game sheet, which has been properly completed & signed prior to the start of the game.
(ii) VISITORS:
1. A scorekeeper, being 16 years or older.

k. Regular Season Games - Upon completion of each game, the Home Team shall collect the game sheets from the Referees. One copy is to be provided to the Away Team, one copy is meant to be saved for their own Team Records. Within 48 hours of the game completion the score and penalty minutes must be entered and the top copy of the game sheets must be uploaded through the GHA website. Failure to comply to the above within the requisite time will result in disciplinary action up to a $50 (fifty dollar) fine to the Home Team as determined by the VP house.

Note: All game sheets must be uploaded to the GHA database within 4 hours of your last game of your regular season.

Play-off Game –The game sheets, scores and penalty minutes must be uploaded and entered through the GHA website within 4 hours. Failure to comply with the above within the requisite time will result in disciplinary action up to $50 (fifty dollar) fine to the responsible team as determined by the VP house.

l. The following criteria will apply for breaking ties in House League and playoffs standings:
1) Winner of head to head game, (Playoffs Only) If more than two teams are tied in points then head to head does not apply. Go to #2 to seed the tied teams.
2) Most wins.
3) Least losses.
4) The best ratio of "goals for" divided by "goals for plus goals against"
5) Least penalty minutes.
6) Least goals against.
7) Coin toss.

m. Any irregularities or damages to the dressing rooms should be reported immediately to the arena manager. It should be noted that the team can be held responsible for any damage(s).

n. No team official, player, parent, spectator or employee of any club may enter into any acrimonious discussion with any referee during or after a game or enter the referee's dressing room. No person, except the President of the GHA or league or their representative, shall be allowed to enter the officials' dressing room on the day of the game. For any infraction of this rule, the matter shall be reported by the referee to the Corporation President for further action. Anyone violating this rule shall be suspended until a district discipline hearing.

o. Dressing rooms are for the use of the team officials and the players ONLY, unless authorized by the team officials.

p. While the score keeper must continue to record all goals on the official game sheet, regardless of any lopsided scores, the timekeeper should never post a goal on the game clock which shows an advantage of more than 5 goals to one team.

q. For the U21 level only, a mercy rule is in effect after the second period completion if the score differential is 8 or more goals. 3rd period will be running time until the game is over regardless if the differential in score goes below 8 goals.

r. The Corporation House League may choose to group teams within a division's category into pools for play during the season. At any given time, the Corporation may re-balance teams amongst those pools to help achieve equity in competitiveness.

R&R 25 – HOUSE LEAGUE PLAYOFFS

25.1 The Board of Directors of the Corporation shall approve the playoff format for each season prior to March 1st.

25.2 Under no circumstances are teams allowed to request changes to the schedule during the playoffs.

25.3 Each association from outside of District 9 who participates in the Corporation's House League with team registrations which are greater than 25% of the League shall host, equal to their percentage of registrations, home ice surfaces for playoff games up to and including semi final games, evenly distributed by level.

25.4 Those Associations from outside of District 9, which do not meet the criteria of R&R 25.3, will play all playoff games on Corporation ice. Costs will be added to team fees for these teams at the start of season.

25.5 All playoff final games shall be played on Corporation ice.

R&R 26 – PROCEDURES FOR SCHEDULE CHANGES (also see Appendix E)

Recognizing that there may be times, typically because of weekend tournaments, where teams would like to change their regular season game schedule; the following procedures for game rescheduling have been established.

26.1 The Head Coach of any team that fails to report to a regular season league game shall be, at a minimum, suspended 1 meaningful game and suspended until a District Disciplinary Hearing and the offending team shall provide ice and referees for an exhibition game between the two original teams.

26.2 The Head Coach of any team that fails to report to a playoff game shall be, as a minimum, suspended for the remainder of the playoffs and all of the following season.

26.3 Teams may only refuse to switch or reschedule games if they have a league or tournament game scheduled with less than 4 hrs of the suggested "New" date/time. Teams may not refuse because of scheduled practices or because of players/team officials who would be absent because of the "New" date/time.

26.4 Teams are responsible to reply to all game switch or game reschedule requests within 24 hours. The requesting team is responsible for reporting to their GHA Convenor if the team has not responded within this time limit.

26.5 House League teams are permitted to switch an unlimited number of regular season games. Teams are permitted to switch games with teams on the list of divisions/classifications approved a for their division (see below). The team making the request must submit the GHA Game Switch form to

their GHA Convenor providing a minimum of ten (10) days notice if the switch is between levels ie. U11A switching with U13B (change in referee levels). Switches within a level, ie.U11A,U11B,U11C, will be accepted with seven (7) days notice and less than seven (7) days notice when both teams agree.

GAME SWITCH ALTERNATIVES (if needed)

U9 A-C Half Ice can switch with U9 A-C Half Ice (One man system)
U9 A-C Full Ice can switch with Full Ice U9 A-C or U11 A-C after Jan.15th (2 man system)
U11 A-C can switch with U11A-C and U13 B-C or Vice-Versa (2 man system)
U13 A can switch with U13A and U15A-B or Vice-Versa (3man system)
U15 A-B can switch with U15 A-B and U18 A-B (3man system)
U18 A-B can switch with U15 A-B and U18 A-B (3 man system)
Final Approval is based on referee availability when level changes are indicated

26.6 House League teams may request the re-schedule of one game per season. The team making the request is responsible WITH a MINIMUM OF 10 DAYS NOTICE to:
(1) Notify the other team - who may use the original game time for a practice,
(2) Submit a GHA Game Switch form to their GHA Convenor, and
(3) Provide an ice time for the newly rescheduled game time.
NOTE: The cancelling team is giving away any rights to sell or trade the original ice time to the other team.

26.7 The requesting team must provide a minimum of 7 days notice for the rescheduled game time/date to (i) the other team and (ii) their GHA Convenor along with the GHA Game Reschedule form. **All Game Switches and Reschedules received by Sunday at noon will be posted each Monday night.**

26.8 All game reschedules must be done by January 31th of the hockey season. Any game reschedules done after January 31th, if approved by the GHA VP House and GHA President, will be at the full expense of the team making the request.

26.9 The GHA Convener must verify and approve all game switch and cancellation/reschedule requests.

26.10 The Head Coach of a House League Team who decides to cancel a game due to inclement weather is responsible to contact:

1. the Head Coach of the opposing team (who may choose to run a practice),
2. the Assignor of Referees of where the game is being played, D9 or D12(Cumberland),
3. the GHA Ice Scheduler, Cumberland Ice Scheduler for D12 arenas,and
4. the GHA VP House League.

The team requesting the cancellation is responsible to (1) provide a new hour of ice and (2) pay the referees for the rescheduled game.

26.11 Competitive teams cancelling a game due to inclement weather are responsible to receive approval from their League Conveners before contacting

1. the GHA Ice Scheduler,
2. the opposing team,
3. the Assignor of Referees, and
4. the GHA VP Competitive.

7

R&R 27 – REGULATIONS GOVERNING THE OPERATIONS OF THE GLOUCESTER RANGERS MINOR HOCKEY ASSOCIATION(GRMH or RANGERS)

27.1 The Business and Affairs of the GRMH shall be managed by a Board of Directors, which shall include the corporation President or their delegate.

27.2 Any proposed changes to Rangers rules and regulations by the GRMHA board have to be approved by a majority vote of the GHA Executive before voting upon by the GRMHA board.

27.3 The Gloucester Rangers Minor Hockey Association will enter at least one team in league play at all AA and A levels within HEO MINOR governed leagues**, except for U9 where two teams shall be entered.** The Corporation shall approve any teams in excess of this prior to April 1st.

27.4 Formal approval of the head coach, as selected by the Rangers Coaches Selection Committee, will be required by the GRMHA Board and by the Corporation. Until such time as both Boards are in agreement, as to the appointment of the Head Coaches for all Ranger teams, the Coach candidates shall not be informed at any level. If such approval is not forthcoming by either board, the Rangers Coaches Selection Committee will bring forward their alternate choice for this position.

APPENDIX A REFEREE COMPLIMENT FORM

District 9 Referee
COMPLIMENT & COMPLAINT FORM



- Please complete as much detail on this form so that we can properly address and follow up any compliments, issues or concerns, and ensure the compliment or complaint is directed to the proper administrators and officials.
- If further details are required or additional documents are included, please note this in the comments section and attach them with your email.
- **Responses will only be given to complaints received via this form, at least 24 hours and no more than 72 hours after the incident. Any correspondence received not using this form or from any individual aside from an association president, will not be addressed.**
- **Send this form VIA EMAIL TO your association president who will relay on to the D9 Referee-in-Chief for further follow up if required.**

Game Information:

DAY	MTH	YEAR			
DATE OF GAME			GAME LOCATION – ARENA	GAME START TIME	

Age/Level of Game Information:

MINOR/ MAJOR AGE Group	AGE DIVISION	GAME LEVEL	OTHER INFO – IDENTIFY EVENT OR TOURNAMENT

Teams Playing Information:

TEAMS	COLOUR	TEAM NAME	SCORING	FINAL SCORE	PENALTIES	Total # PENALTIES
HM			Home Score		Home Penalties	
VIS			Visitor Score		Visitor Penalties	

Officials Working This Game:

REFEREE ☐		ODHA #	
LINESMAN ☐		ODHA #	
LINESMAN ☐		ODHA #	

Complimenter or Complainee Contact Information:

NAME			
ADDRESS			
Phone # HM		Email Hm	
Phone # WK		Email Wk	
Position/Capacity at Game			

COMPLIMENT or COMPLAINT DETAILS:

Include ALL RELEVANT INFORMATION regarding the compliment or complaint as possible… be sure to note where applicable:

a) ALL events that may have led up to any specific incident(s), AND ALL events which may have occurred after the incident(s)
b) A DETAILED, CLEAR & CONCISE EXPLANATION of the incident so that a person not at the game would understand!
c) Note and highlight the specific question or issue you would like addressed

ADMINISTRATOR - Comments & Information:

COMMENTS	

SIGNATURE		NAME		PHONE #	

APPENDIX B GHA House League Allocation Chart 1

U9 & U11

Teams	A	B	C
1	0	1	0
2	0	2	0
3	1	1	1
4	1	2	1
5	1	3	1
6	1	3	2
7	1	4	2
8	2	4	2
9	2	4	3
10	2	5	3
11	2	6	3
12	2	6	4
13	2	7	4
14	3	7	4
15	3	8	4
16	3	9	4
17	3	9	5
18	4	9	5
19	4	10	5

U13 & U15(if applicable)

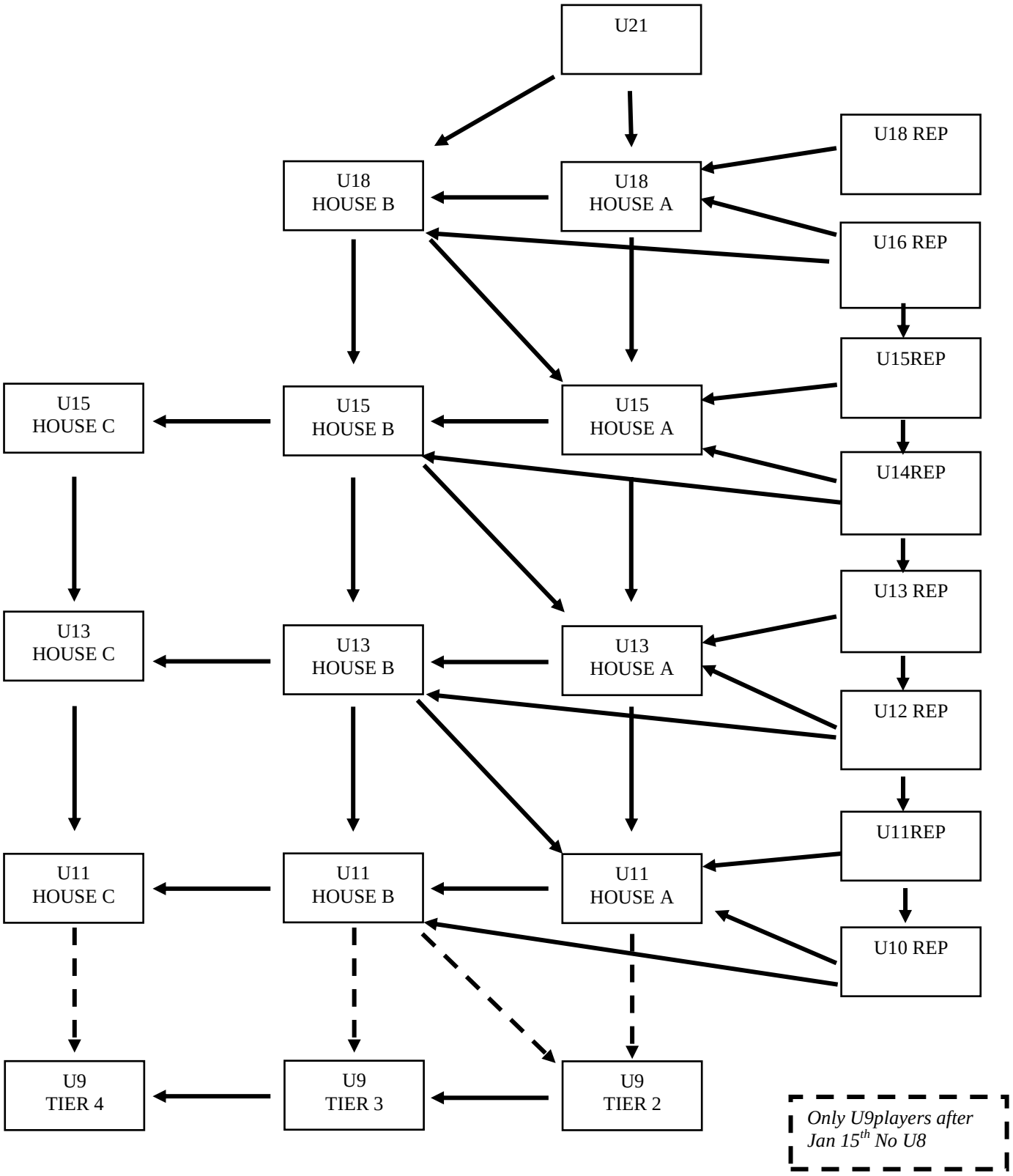
Teams	A	B	C
1	0	1	0
2	0	2	0
3	1	1	1
4	1	2	1
5	1	3	1
6	2	3	1
7	2	3	2
8	2	4	2
9	3	4	2
10	3	5	2
11	3	5	3
12	3	6	3
13	3	7	3
14	4	7	3
15	4	8	3
16	4	8	4
17	4	9	4
18	5	9	4
19	5	10	4

Levels with A/B only U15 & U18

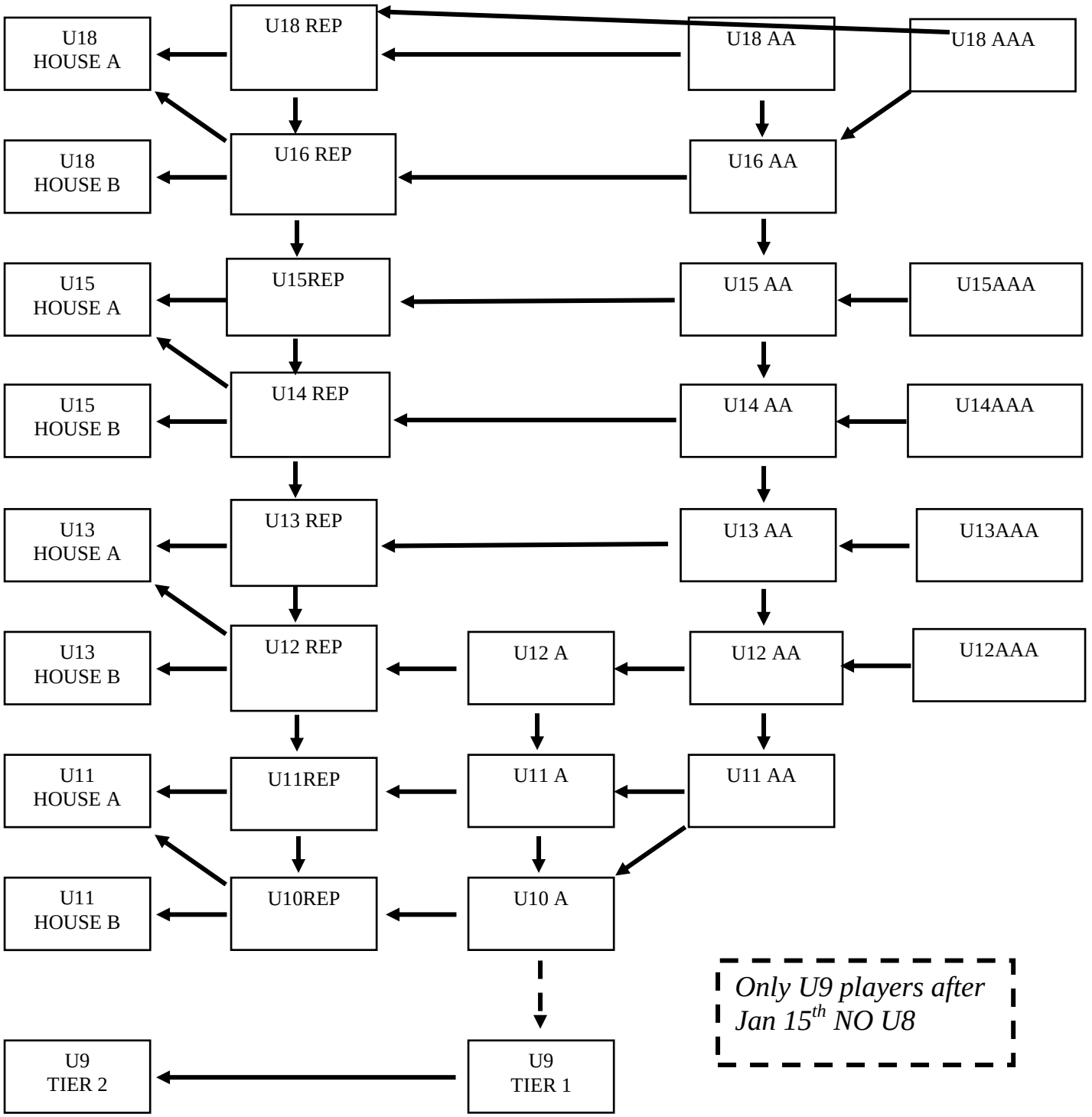
Teams	A	B
1	0	1
2	1	1
3	1	2
4	1	3
5	2	3
6	2	4
7	2	5
8	3	5
9	3	6
10	3	7
11	4	7
12	4	8
13	4	9
14	5	9
15	5	10
16	5	11
17	6	11
18	6	12
19	6	13

NOTE: Associations may choose to increase the number of teams at a higher level, but not a lower (e.g. An Association with only 1 team may increase the 1B minimum, as posted above, to make 1A team BUT may NOT lower to 1C team) without 2/3 majority approval by the GHA Board of Directors.

APPENDIX C GHA HOUSE LEAUGE AFFILIATION CHART 2



APPENDIX D GHA COMPETITIVE/REPRESENTATIVE AFFILIATION CHART



APPENDIX E GAME SWITCH FORM

GAME SWITCH ONLY – (Direct switch with another team, does not require rescheduling of referee's.)

Game Number:
Day:
Date:
Time:
Level:
Arena:
Away Team Name:
Home Team Name:

Game Number:
Day:
Date:
Time:
Level:
Arena:
Away Team Name:
Home Team Name:

Request by (Team Name):
Request by (Name/ Position):
Request by (email address):
Reason for Request:
Tournament Name:
Tournament Date:

1. **Opposition Agreed to Switch: YES**
   Agreed by (Team Name):
   Agreed by (Name/Position):
   Agreed by (email address):
2. **Opposition Agreed to Switch: YES**
   Agreed by (Team Name):
   Agreed by (Name/Position):
   Agreed by (email address):
3. **Opposition Agreed to Switch:**
   Agreed by (Team Name):
   Agreed by (Name/Position):
   Agreed by (email address):

APPENDIX F GAME RESCHEDULE FORM

GAME SWITCH ONLY – (Game reschedule will require rescheduling of referee's. Must have attempted to switch first)

Game Number:
Day:
Date:
Time:
Level:
Arena:
Away Team Name:
Home Team Name:

Day:
Date:
Time:
Arena:

Request by (Team Name):
Request by (Name/ Position):
Request by (email address):
Reason for Request:
Tournament Name:
Tournament Date:

ATTEMPTED SWITCHES

1. **Game Number:**
   Reason Declined:
2. **Game Number:**
   Reason Declined:
3. **Game Number:**
   Reason Declined:
4. **Game Number:**
   Reason Declined:
5. **Game Number:**
   Reason Declined:
6. **Game Number:**
   Reason Declined:
7. **Game Number:**
   Reason Declined:
8. **Game Number:**
   Reason Declined:
9. **Game Number:**
   Reason Declined:
10. **Game Number:**
    Reason Declined:

1. **Opposition Agreed to Switch: YES**
   Agreed by (Team Name):
   Agreed by (Name/Position):
   Agreed by (email address):

APPENDIX G GHA FAIR ICE TIME (FIT) POLICY FOR COMPETITIVE HOCKEY

INTENT

The Gloucester Hockey Association (GHA) promotes the principles of fair-ice time (FIT) within its competitive/representative hockey programs. This FIT policy is meant to balance the concepts of fair play and sportsmanship along with the principles of age-appropriate player development and competitiveness.
The intention of this Policy is to provide explanation, interpretation and clarification – it is not meant to prompt parents/players to begin scrutinizing the number and length of every shift.

CONTEXT

It is important to differentiate that fair ice time is not equal ice time and that events within a single game (i.e. a significant number of penalties either for or against the team, number of whistles), or even events over multiple games (injuries and/or suspensions), can significantly increase or decrease any particular player's playing time when compared to any other player.
Coaches are encouraged to "roll their lines" as much as possible, to maintain competitive advantage/energy level for their team as games go on and should not shorten their bench on a regular basis, especially if preference is given to the same players every time. Coaches are encouraged to allow players, as deemed appropriate for their age group, the opportunity to experience as many different roles within the game as possible; as such Coaches are given some discretion to allow opportunities in a manner that recognizes a shift, based on the age of the players, in player development, team goals and objectives. It should be noted that Coaches are still able to adjust their lines on a game by game basis, reacting to the situations that the game presents and reacting to how individual players are doing in terms of effort and effectiveness.

SAFETY AND DISCIPLINE

Regardless of this FIT Policy, Coaches and/or Trainers may choose to reduce the ice time of a player or goalie for reasons of safety or discipline, as is already described within GHA Rules & Regulations.
Coaches must inform parents if their son/daughter misses ice time due to disciplinary reasons.

COMMUNICATION AND REPORTING

Coaches shall communicate to the players and parents how they intend to apply this policy at the beginning of the season and keep players/parents informed when choosing to exercise the options available to them (i.e. changing the goalie rotation, in a playoff or elimination game reminding parents that they may choose not to use certain players during the last 3 minutes).

POLICY REQUIREMENTS

U9 & U11 levels:

Coaches of competitive U9 and U11 teams shall take measures to ensure players receive regular shifts throughout each and every game. Neither specialty teams nor a double rotation of strong players is permitted in any game.
Goalies are to be rotated on a game by game basis.

U12,U13 and U14 levels:

Coaches of competitive U12, U13 and U14 teams may not form specialty teams during the regular season but, during playoffs and elimination games, they may choose to not use certain players through the last three minutes of regulation time or last three minutes before curfew (does not apply to overtime) of a close game, to give the team their best chance of a win. A double rotation of any players is not permitted in excess of one period in any game.

Coaches of competitive U12, U13 andU14 teams shall start their goalies in the same number of games throughout the season, but the Coach may choose to adjust the rotation of game starts. In the playoffs, neither goalie should play more than 2 games in total more than the other.

Coaches shall communicate to the players/parents how they intend to apply this policy at the beginning of the season.

U15 ,U16 & U18 levels:

Coaches of competitive U15, U16 and U18 teams may form specialty teams and designate certain players to be used in particular situations.

Coaches of competitive U15,U16 and U18 teams may choose to not use certain players through the last three minutes of regulation time or last three minutes before curfew (does not apply to overtime) of a close game (2 goal difference or less), to give the team their best chance of a win. A double rotation of any players is not permitted in excess of one period in any game.

Coaches of competitive U15, U16 and U18 teams shall start their goalies in approximately the same number of games* throughout the season, but the Coach may choose to adjust the rotation of game starts. In the playoffs, one goalie cannot start more than 2 games in a row in any series.
Coaches shall communicate to the players/parents how they intend to apply this policy at the beginning of the season.

Approximately the same number of games *would be no more than +/-15%, other than games missed for injury or suspension.*

SUMMARY CHART FOR COMPETITIVE/REPRESENTATIVE

Age Group/Level	Goalies	PP/PK formation	Double rotation of Players	Last 3 mins
U9 & U11	Game by Game rotation	Not allowed	Only for 1 period Maximum	regular shift rotation
U12,U13 & U14	May adjust starting rotation, however each Goalie must play the same number of games through the season.	Not allowed	Only for 1 period Maximum	May choose to not use certain players in the last 3 minutes for playoff or elimination games.
U15,U16 & U18	May adjust Goalie rotation; however each must play approximately the same number of games (+/- 15%). during playoffs cannot play more than twice in a row per series.	Allowed	Only for 1 period Maximum	May choose to not use certain players in the last 3 minutes for close games. (2 goal difference or less)

APPENDIX H GHA Social Media Policy

SOCIAL NETWORKING is defined as Internet services that allow users to build profiles, share information, videos, images, blog entries, music etc. Social networking platforms focus on building online communities of people who share interests and / or activities.

INTRODUCTION

This policy encompasses public communications through such Internet mediums and websites including; but not limited to; Facebook, Twitter, Instagram, Tumbler, MySpace, LinkedIn and any other social media network. It is applicable to all individuals involved in the operations of any teams and or Associations that are within the Gloucester Hockey Association (GHA). The team and / or individuals include: **Players**, **Parents, Coaches, Assistant Coaches, Managers, Trainers, Team PR Reps, Executive and Administrative Staff**.

The GHA understands and appreciates the importance of social networking; the immediate and public forum provides unique opportunities for updates, networking and promotion. However it also provides an unsupervised medium for inappropriate conduct to occur; conduct which can be detrimental to the welfare of the League, the Association, our teams and or individuals.

GUIDELINES

The GHA holds its teams and / or individuals, which use or participate in social networking, to the same standards as it does for all forms of media including television, radio and print. Its teams and / or individuals should act in a professional manner at all times since they represent the GHA at all times. Of note, that once published online, comments are on record and cannot be retracted. All teams and or individuals are accountable for their comments and or actions.

DISCIPLINARY MEASURES

The following are examples of conduct through social media and networking mediums that are considered violations of this policy and which will be subject to disciplinary action by the GHA Board of Directors:

- Comments or statements of an inappropriate nature which are detrimental to the league or GHA personnel, its programs, employees, on-ice or off-ice officials, players, coaches, arena staff, sponsors or any other actors.

- Divulging confidential information that may include but is not limited to the following: medical history (injury or other), game plans or strategies and any other information that is deemed confidential or sensitive in nature.

- Sharing or divulging photos, videos or comments which promote negative influences, cyber bullying or criminal behavior, including but not limited to: drug use, alcohol abuse, public intoxication, sexual exploitation, etc.

APPENDIX I

GHA Discipline and Appeals Video Review Policy for Minor Hockey

The GHA is adopting the majority of the HEO Discipline and Appeals Video Review Policy (see HEO.49.2) The minor differences will be to highlight the clarification of some of the statements in order to eliminate the ambiguity and guess work when applying said policy. The GHA policy will also be adding a couple of nuance applications of this policy in order for it to align better with the GHA Rules and regs (i.e. Section 21)

1. Use of Video in the Discipline and Appeals Process

As part of any Disciplinary or Appeal Hearing process, the GHA Discipline and Appeals committee may review a video record on a case-by-case basis and may execute any or all of the following.

I. Request to set aside any penalty assessed by the referee which resulted in an automatic suspension of three games or more. The request will be sent to the HEO.

II. Assess any appropriate penalty, suspension and/or supplementary suspension (inclu ding substituted or additional penalties) for any infraction committed during such ga me or during the aftermath of such game by any player or team official, regardless of whether the infraction has been penalized by the referee.

III. Refer any game official to the HEO Referee-in-Chief or their delegate for follow up.

IV. Dismiss the video as being irrelevant or inconclusive.

2. Video That Will Not Be Used in the Discipline and Appeals Process

Since the on-ice officials have rules at their disposal to penalize these situations, the GHA Discipline and Appeals committee will generally not review videos as part of the Discipline or Appeal process for:

I. Reviewing on-ice officials' calls or non-calls, nor for the purpose of reviewing the on-ice officials' penalty selection **unless otherwise outlined in this policy. (see section 3.I)**

II. Reviewing the conduct or actions of any official **unless otherwise outlined in this policy. (see section 3.II)**

III. Reviewing the conduct or actions of any individual player or team official **unless otherwise outlined in this policy. (see section 3.III)**

IV. Reviewing the conduct or actions of any teams during any game **unless otherwise outlined in this policy. (see section 3.IV)**

V. The assessment of an on-ice official

VI. Videos that **<u>are not submitted</u>** as part of the appeal process being requested by the appellant **(see section 3.V)**

3. Video That May be Reviewed in the Discipline and Appeals Process

The On-ice officials may not have rules at their disposal to penalize these situations or may not be able to make the appropriate assessment of the attempt to injure infraction, whether it resulted in a severe injury or not. Illegal plays resulting in severe injuries to players should not go unpenalized just because an on-ice official may not have been able to assess the appropriate penalty at that moment in time.

The GHA Discipline and Appeals committee may review videos:

I. For identifying the correct player in situations in which an incorrect player may have been identified by an on-ice officials and erroneously issued a penalty resulting in a suspension of three (3) games or more when it involves an appeal. When it involves the initial discipline process, it can be reviewed when a suspension is less than 3 games.

II. For reviewing the conduct of on-ice officials during altercations, specifically when use of force (verbal or physical) and/or violation of the maltreatment rule is concerned

III. For reviewing a game situation to determine (as per the HEO Minor Minimum Suspension Chart) the appropriate length of a suspension to any player(s) who may have been directly involved in the attempt to injure infraction, whether it resulted in a severe injury or not, regardless of a penalty assessed at the time or not.

IV. For reviewing the conduct of team officials, spectators and parents, specifically when use of force (verbal or physical) and/or violation of the maltreatment rule is concerned.

V. For the purpose of the appeal of a suspension when it is the contention of the appellant that a rule has been erroneously applied or the on-ice official erred in his/her judgement when assessing a penalty that resulted in a suspension of three (3) games or more.

4. Request for Video Review

Notwithstanding the GHA Discipline and Appeals processes, the GHA Discipline and Appeals committee may, of its own accord or at the request of an association president, review a video of any HEO sanctioned game as part of its disciplinary process.

I. Which resulted in the on-ice official erroneously assessing a penalty for which results in a suspension of three (3) games or more when it involves an appeal. When it involves the initial discipline process, it can be reviewed when a suspension is less than 3 games.

II. Any infraction not assessed by an on-ice official which warrants a suspension of any player or team official for three (3) games or more when it involves an appeal. When it involves the initial discipline process, it can be reviewed when a suspension is less than 3 games.

III. Referral of any game official to the GHA Referee-in-Chief or their delegate for follow-up

5. Items of Note

I. Only the association president (or his/her delegate) may submit a request to review a video to the GHA Discipline and Appeals committee

II. Once the request has been received by the GHA Discipline and Appeals committee, the committee will be engaging the GHA Referee-in-Chief. The GHA and GHA RIC will then engage the HEO as part of the follow-up

III. This Video review Policy (sections 1 through 4) also applies to pre-game and/or post-game major infractions

IV. It is important to understand that although appeals and discipline can be related/connected, they are in fact two (2) distinct processes. As such, video review may only be considered when the suspension is for three (3) games or more when dealing with an appeal, whereas, video review may be considered for less than a three (3) game suspension when it involves the initial discipline process.